FRIDAY 3 JULY
Theme: FAMILY & FRIENDS

MORNING WORSHIP WIND UP:
Live on Diocesan Facebook page from 10:30am.

AFTERNOON GET MOVING:
Every home, parish and community across the Diocese.
Option 1: Have a proper chat (verbally and not via snapchat etc) with a family member or friend you haven’t seen in a while and let them know you are praying for them and that God cares.
Option 2: Organise to watch a movie or do a task with a friend.
Option 3: Do a practical task at home e.g clean your bedroom, gardening, hoovering, washing the dishes.

EVENING WIND DOWN: BIG VIRTUAL NIGHT OUT!
Take an adventurous trip through Youtube! Here are a few suggestions: Go with Tim Tracker to a Disney Park, visit San Diego Zoo on a virtual tour, take a virtual trip or city break to somewhere you would love to visit. The world is your playground. Where will you go?

Please send in your videos and pictures each day to our Facebook page: Diocese of Derry and Raphoe using the Messenger ‘send message’ button.