

Sunday 20th September – Exodus 16:2-15 – Manna from Heaven

Read: Read Exodus 16:2-15

Moses had led the people out of Egypt, and they were now journeying towards the Promised Land. You would think the Israelites would be happy because they were safe and no longer slaves. They were not! The Israelites moaned and complained about everything. They even said they wished they had never left Egypt because at least in Egypt they had food! God heard the complaining and told Moses I will provide you with food from heaven, but it will be a test. Each morning there will be bread. Let each family gather what they need for each day, and once a week gather enough for the Sabbath. In the evening will send you quail, again tell each family to take what they need, and once a week take enough for the Sabbath. The Israelites did not listen and some left food over, which rotted and had maggots in it. Others went looking for food on the Sabbath, even though God had already provided for them. God continued to provide for them, even though they complained and ignored his rules.

Watch: <https://www.youtube.com/watch?v=IzN1jjiFnIA> (Crossroads Kids)

Why were the Israelites complaining? What did Moses do? What did God do? Why did God provide for them?

Do: Make a quail: <https://craftingthewordofgod.com/2017/01/21/god-sends-quails/>

Colouring Page: <https://craftingthewordofgod.com/2014/05/03/mana-from-heaven-coloring-page/>

Wordsearch: <https://biblegamescentral.com/wp-content/uploads/2019/07/Bible-Word-Search-God-Provides-Manna-and-Quail.pdf>

Wordshape: https://sermons4kids.com/manna_wordshape.htm

Maze: https://sermons4kids.com/manna_from_heaven_maze.htm

Pray:

God, thank you for providing us for all that we need. We forget to trust you and may complain but we know you will always give us what we need. Amen

Father in heaven watch over our loved ones.

Keep them by your side.

May they be safe and peaceful, in you may they abide.

Give wisdom to the doctors and nurses too we pray,
renew their strength and bless them for the work they do each day.

Send healing and restoration and let them feel your love.

May your Holy Spirit give them rest as gentle as a dove. Amen (taken from Praying Together)

Share:

The Israelites complained because they didn't have anything to eat, but God provided for them. We complain at times too, even when we know we should not. Instead of complaining when we are asked to do something, try to help instead. Help clear the table after dinner, load the dishwasher, or do the dishes without complaining and be sure to say thank you to whoever helps you.